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Dear Doctor:

Your patient is a guest who will be sailing aboard the USCGC EAGLE for several days. While underway, we do not have the same medical options we enjoy ashore. In order to ensure their health and safety, please fill out and return the enclosed form as soon as possible.

I prefer this form is scanned and e-mailed back to me at Mary.D.Brooks@uscg.mil. Please do not attempt to mail a printed copy as we are at sea for significant portions of the year and it is often months before mail is delivered to the ship. We have underway e-mail connectivity, but bandwidth is limited; the scanned form must be smaller than 500kb or I will not receive it. If you have trouble scanning the medical form please e-mail me so we can make other delivery arrangements.

EAGLE is a 295-foot three-masted square rigger built in 1936. Its primary mission is to train cadets for eventual commissioning as officers in the U. S. Coast Guard. The focus is therefore on drilling and training young men and women in a physically and mentally challenging environment. Life aboard EAGLE is spartan at best. EAGLE is not a cruise ship designed to accommodate passengers. Life can be difficult, even for those in the best of shape. Your patient will sleep in a steel frame bunk bed, and even may be required to climb into the upper berth. In heavy seas there is significant pitching and rolling. This in turn significantly increases the risk of being tossed out of bed and make even basic activities, such as walking and climbing stairs, extremely difficult. Ladders/stairs are steep and are often slippery in rough weather. Meals are regular and nutritious but special diets cannot be accommodated.

A physician and a Coast Guard Health Services Technician will be aboard anytime that EAGLE is underway. The medical team can provide only basic first aid, simple urgent care needs (seasickness, minor lacerations, colds, etc.) and initial stabilization of emergencies in preparation for transport. There is no lab or x-ray available. There is no medication on board for treatment of chronic illnesses such as hypertension, diabetes, or heart failure. In case of a medical emergency, there is frequently no easy way to evacuate patients.

Guests should be in good health with good balance and sustainable strength to withstand the rigors of life at sea for up to three weeks at a time. If chronic medication is required they will need an adequate supply for the entire trip. Hypertension and other chronic conditions should be very well controlled. If they have medical problems that could be aggravated by the conditions in EAGLE, seasickness, or physical exertion please advise them not to sail.

Feel free to contact me if you have any questions. You may reach me by e-mail at: Mary.D.Brooks@uscg.mil. Thank you very much for your assistance.

Sincerely,

M. D. Brooks
LCDR, U. S. Coast Guard
Executive Officer
USCGC EAGLE (WIX 327)

Encl: (1) USCGC EAGLE Medical Questionnaire

USCGC EAGLE GUEST MEDICAL QUESTIONNAIRE

Patient's Name: _____ DOB: _____

Patient's NOK: _____

NOK's Address: _____ Relation: _____

Phone: _____

General Medical Information (to be completed by patient):

Allergies (Food/Medications): _____

Medical History/Health Problems (e.g. Heart Disease, Hypertension, Asthma, Diabetes, Orthopedic Problems, Psychiatric Conditions): _____

Surgeries/Hospitalizations: _____

Current Medications: _____

Medical Recommendation (to be completed by a physician):

I have discussed the trip aboard EAGLE with my patient:

I believe that they **would / would not** (circle one) be medically fit to travel in EAGLE.

I believe that they are **fit / not fit** (circle one) to climb the rigging.

Concerns/Comments (continue on back if necessary): _____

Physician's Name: _____ Signature: _____

Physician's Phone Number: _____ Date: _____

THIS FORM FALLS UNDER THE PRIVACY ACT. ALL INFORMATION WILL BE TREATED AS CONFIDENTIAL. AT THE PATIENT'S REQUEST, THIS FORM WILL BE RETURNED UPON COMPLETION OF THE VOYAGE. OTHERWISE IT WILL BE APPROPRIATELY DESTROYED.

Please send this form once completed to, LCDR Brooks at Mary.D.Brooks@uscg.mil and carbon copy HS1 Jared A. Carter at jared.a.carter@uscg.mil. Thank you.